Coverage Period: 01/01/2024 - 12/31/2024

Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact the <u>Plan</u> at 212-695-5206. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://eoc.empireblue.com/eocdps/aso or <u>www.dol.gov/ebsa/healthreform</u> or call Empire at 1-800-553-9603 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: \$0 Out-of-Network: \$500 Individual/\$1,250 Family	In-Network: See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.  Out-of-Network: Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Out-of-Network</u> <u>Home Health care</u> and medical supplies.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$500 Individual/\$1,250 Family Out-of-Network: \$3,000 Individual/ \$7,500 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	Copayments on certain services, premiums, balance-billing charges, penalties for failure to obtain preauthorization and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="www.empireblue.com">www.empireblue.com</a> or call 1-800-553-9603 for a list of <a href="network providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health care <u>provider's</u> office	Primary care visit to treat an injury or illness	\$30 <u>copay/</u> per visit plus 10% <u>coinsurance</u>	30% coinsurance plus balance billing	You may have to pay extra for services billed separately from an office visit.	
	Specialist visit	\$30 <u>copay</u> /per visit plus 10% <u>coinsurance</u>	30% coinsurance plus balance billing	You may have to pay extra for services billed separately from an office visit.	
or clinic	Preventive care/screening/immunization	Well-child care: No charge; Bone density, pap smears, mammogram and well- woman care: Office visits: \$30 copay/per visit plus 10% coinsurance	30% <u>coinsurance</u> plus <u>balance billing</u>	Age and frequency limits apply. You may have to pay extra for services billed separately from a preventive care visit.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance	30% <u>coinsurance</u> plus <u>balance billing</u>	None	
	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% <u>coinsurance</u> plus <u>balance billing</u>	Out-of-network imaging tests require preauthorization to avoid a benefit reduction by 50% up to \$2,500 penalty.	

Common Medical Event	Services You May Need	What You Network Provider (You will pay the least)	ou Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Generic drugs/ Preferred formulary drugs	\$10 copay/script (retail and mail order)	Not covered	Retail covers up to 34-day supply; mail order covers a 3-month supply (one copay for 3-
	Brand name drugs/Preferred <u>formulary</u> drugs	\$20 <u>copay</u> /script (covers retail and mail order)	Not covered	month supply). Your doctor is encouraged to prescribe generic-equivalent drugs as appropriate when possible and to prescribe drugs from the preferred drug formulary when prescribing brand-name drugs.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.empireblue.com or	Non-preferred <u>formulary</u> drugs	\$20 <u>copay</u> /script (covers retail and mail order)	Not covered	If a prescription drug is not on the <u>formulary</u> , you may request a <u>formulary</u> exception for a clinically appropriate prescription. Request should include a statement from physician that all <u>formulary</u> drugs will be or have been ineffective, would not be as effective as the non- <u>formulary</u> drug, or would have adverse effects. Contact Empire to find out more about this process.
call <b>1-833-271-2374</b> ; TDD for hearing impaired 800-682-8786	Specialty drugs	Subject to applicable cost share	Not covered	Contact Empire for a list of the network Specialty Pharmacies and covered specialty drugs. Physician required to order specialty drugs directly from a network Specialty Pharmacy. Certain drugs that must be administered by a physician/practitioner are required to be ordered from the network Specialty Pharmacy in order to be covered as a medical benefit. If you require one of those drugs, your physician or other treating practitioner will order the drug from the required pharmacy. You will not be required to fill a prescription for this category of drug.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance plus balance billing	Requires <u>preauthorization</u> to avoid a benefit reduction by 50% up to \$2,500 penalty.
surgery	Physician/surgeon fees	No charge	30% <u>coinsurance</u> plus <u>balance billing</u>	reduction by 50 % up to \$2,500 penalty.

Common		What You Will Pay		Limitations Evacutions 9 Other Immediate	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	\$75 <u>copay</u> /visit	\$75 <u>copay</u> /visit	Copayment waived if admitted within 24 hours. Professional/physician charges may be billed separately.	
If you need immediate medical attention	Emergency medical transportation	Emergency Air/Land Ambulance: 10% coinsurance	Emergency Air/Land Ambulance: 10% coinsurance	Must meet "emergency" criteria. Air ambulance: Transport to nearest acute care facility for emergency admissions; Land ambulance: Transport to nearest hospital	
	<u>Urgent care</u>	\$30 <u>copay</u> /visit plus 10% <u>coinsurance</u>	30% <u>coinsurance</u> plus <u>balance billing</u>	You may have to pay extra for services billed separately from an office visit.	
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	30% <u>coinsurance</u> plus <u>balance billing</u>	Requires preauthorization to avoid a benefit	
stay	Physician/surgeon fees	No charge	30% coinsurance plus balance billing	reduction by 50% up to \$2,500 penalty.	
If you need mental health, behavioral health, or substance	Outpatient services	Office visits: \$5 copay/visit; Other outpatient facility services: No charge	Office visits: 20% coinsurance plus balance billing; Other outpatient services: 20% coinsurance plus balance billing	Requires <u>preauthorization</u> to avoid a benefit reduction by 50% up to \$2,500 penalty for other outpatient services (facility charges). No <u>preauthorization</u> required for office visits.	
abuse services	Inpatient services	Inpatient facility and physician: No charge	Inpatient facility and physician: 20% coinsurance plus balance billing	Requires <u>preauthorization</u> to avoid a benefit reduction by 50% up to \$2,500 penalty.	
	Office visits	No charge	30% <u>coinsurance</u> plus <u>balance billing</u>	Maternity care may include tests and services	
If you are pregnant	Childbirth/delivery professional services	No charge	30% <u>coinsurance</u> plus <u>balance billing</u>	described somewhere else in the SBC (i.e., ultrasound).	
	Childbirth/delivery facility services	No charge	30% coinsurance plus balance billing	,	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Home health care	10% coinsurance	30% coinsurance plus balance billing; deductible does not apply	Limited to 200 visits per calendar year (a visit equals 4 hours of care). Requires preauthorization to avoid a benefit reduction by 50% up to \$2,500 penalty.	
	Rehabilitation services	Inpatient physical therapy: No charge Outpatient physical, occupational, speech and vision therapy: \$30 copay/visit plus 10% coinsurance	30% <u>coinsurance</u> plus <u>balance billing</u>	Inpatient physical therapy limited to 30 days per calendar year; occupational, speech and vision therapy not covered on an inpatient basis. Outpatient therapy limited to 30 visits per calendar year, in and out-of-network services combined. All rehabilitation and	
If you need help recovering or have other special health needs	Habilitation services	Inpatient physical therapy: No charge; Outpatient physical, occupational, speech and vision therapy: \$30 copay/visit plus 10% coinsurance	30% coinsurance plus balance billing	habilitation services count toward your rehabilitation visit limit. You may have to pay extra for services billed separately from an office visit. Participants with cerebral palsy can have up to an additional 126 visits if they are medically necessary.	
	Skilled nursing care	10% coinsurance	Not covered	Limited to 60 days per calendar year. Requires preauthorization to avoid a benefit reduction by 50% up to \$2,500 penalty.	
	Durable medical equipment  10% coinsurance syring maxin total of	30% coinsurance plus balance billing; Other medical supplies (catheters, oxygen and syringes): Difference between maximum Plan allowance and total charge; Deductible and coinsurance do not apply	Requires <u>preauthorization</u> to avoid a benefit reduction by 50% up to \$2,500 penalty.		
	Hospice services	10% coinsurance	Not covered	Limited to 210 days per lifetime. Requires preauthorization to avoid a benefit reduction by 50% up to \$2,500 penalty.	

Common		What You Will Pay		Limitationa Evacationa & Other Importan	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Children's eye exam	Your cost depends on the separate vision plan you select.	Your cost depends on the separate vision plan you select.	Vision benefits separately administered by GVS or Vision Services. Limited to 1 eye exam	
If your child needs dental or eye care	Children's glasses	Your cost depends on the separate vision plan you select.	Your cost depends on the separate vision plan you select.	and 1 complete pair of glasses or supply of contact lenses every calendar year.	
	Children's dental check- up	No charge	Amount over Plan allowance	Dental benefits separately administered by Guardian. Frequency limits apply.	

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture
- Chiropractic care (Limited to \$600 per person per calendar year)
- Dental care (Adult) (Annual maxes vary depending on length of eligibility)
- Hearing aids (After 36 consecutive months of eligibility, 1 hearing aid for each ear, once every 36 months, up to a maximum benefit of \$500/hearing aid; Contact HearUSA; Children under the age of 19: Limit of \$5,500, available once every three years, if medically necessary)
- Infertility treatment
- Routine eye care (Adult) (Limited to 1 eye exam and/or 1 complete pair of glasses or supply of contact lenses up to a dollar maximum once every calendar year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Empire Blue Cross & Blue Shield, P.O. Box 140, Church Street Station, New York, NY 10008-1407 (<u>Appeal</u> & <u>Grievance</u> Department) or call 1-800-553-9603. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-553-9603

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	10%
Other Coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example	Cost	\$12,700
lu thia arramala	Dog would now	

in this example, i eg would pay.	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$60
Coinsurance	\$150
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$270

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$30
■ Hospital (facility) coinsurance	10%
■ Other Coinsurance	10%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

## In this example, Joe would pay:

\$0
1,210
\$90
\$20
1,320

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
Specialist copayment	\$30
■ Hospital (facility) coinsurance	10%
Other Coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
\$0	
\$320	
\$160	
\$0	
\$480	